

# 港生讚選手互相配合「護隊友奪金」

# 中國團隊精神感動世界



## 徵稿啟事

### 北京冬奧 徵文比賽 歡迎繼續來稿

「港生看冬奧」反響熱烈，雖然賽事即將結束，但徵文活動仍將繼續，截稿日期為2月28日。

我們將在刊用稿件中選出一、二、三等獎多名，以及優秀獎若干，所有來稿者都將獲發證書。

來稿字數在一千字以內，體裁不限。歡迎大、中、小學生投稿，來稿請寫上真實姓名、就讀學校和年級、聯繫電話及郵寄地址。

#### 投稿方式

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## 港生看冬奧



掃一掃，看圖文

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## 衝破冰殼的溫暖

2022年北京冬奧會正進行得如火如荼。不見冰冷，但見溫暖。

2月7日晚，中國短道速滑隊繼之前在接力賽贏得首金之後，任子威和李文龍在男子1000米決賽中又奪得了金牌和銀牌。看到他們站在頒獎台上舉起獎牌向我們綻放出笑容時，我心中的激動難以言表，又一次為美麗的中國紅熱淚盈眶。

當決賽重新開始之後，三名中國選手奮力向前，任子威迅速滑到領滑位置，而武大靖則跟在任子威身後對他形成保護、同時擋住了他國選手的超越路線。場上形勢十分緊張，由於各個選手都經歷了上一輪的體能消耗，在這輪比賽中有些吃力，但所有人都仍咬牙在冰面上一圈接一圈地堅持滑行。看見中國隊的選手漸漸出現體力不支，他國選手就要成功超越時，我心上瞬間結起了一層厚厚的冰殼。

看了放慢的鏡頭，才

發現武大靖因體力消耗不能守在前面時，他輕輕拍了一下任子威的手示意他向前滑，自己在後面堅持撐到了比賽結束。雖然場上他們是對手，都想贏得金牌為自己日日夜夜的努力得到回報，但他們也都在為中國爭取榮譽。因此他們選擇做共同努力的隊友，互相配合，為了中國隊的成績而戰。他們奉行的是「功成不必在我，功成必定有我」，這樣高貴的團隊精神讓我十分感動。

若他們沒有在體力已經消耗的情況下仍堅持完成比賽，那麼中國一定與獎牌無緣。當他們衝過終點時，我知道哪怕沒有如願獲得獎牌，他們也一定盡力做到最好了。賽場上總有不確定因素，但始終堅持到最後是不可或缺的。

我心中的冰殼慢慢融解，中國隊為何能

包攬金銀兩枚獎牌？因為他們懂得團隊協作且堅持不懈。

賽場上揚起的國旗永遠給我們帶來最大的、最深沉的慰藉。看着任子威披着國旗在冰上滑過，觀眾席上身穿中國紅的衣服、高舉五星紅旗歡呼的人們，心中湧的暖意衝開那層冰殼。國旗，手持的、身披的、高舉的，都和我分享着共同的情感，他們都是我的家人，即便我們相隔千里，我們依然共同感受着那份來自祖國的溫暖、喜悅和興奮。

在此屆冬奧新的制度下，配合場上高速攝像頭的設備，裁判做到了公平、公正，體現了奧林匹克精神。而每一位中國選手都具有強勁的實力，遵守比賽規則。他們在此前無數個日夜不斷提升自己的水準，懷着對運動的熱愛一直在超越自我，永遠不輕言放棄。沒有人能光憑天生的資質取得成功，成功和獎牌的身後一定有他們的努力，只不過這總是被人們所忽視，別人只能看見他們在場上滑行的風采，是那些被燈光照亮的瞬間。只有自己知道自己為此曾付出多少努力。他們每一個人都值得我們敬佩，對所獲的榮譽和讚美，他們當之無愧。

冬奧會仍在進行之中，裁判的公平和選手具備的實力讓我們相信此次冬奧將是一屆更完美的運動盛會。我們期待中國短道速滑隊之後的比賽繼續奪取佳績。衝破冰殼，獲得溫暖！



►中國隊健兒任子威(左)和李文龍(右)抱着永不放棄精神，在今屆短道速滑男子1000米賽事中分別獲得冠軍及亞軍。

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姓名: 林蔓姿

## 一起向未來，力量無窮

「多少次回眸，渴望着相遇；多少次期盼，終得以圓滿現；多少次的激情，在賽場上用拚搏點燃。」2022年的北京——張家口冬季奧運會的火炬帶着全國人民和世界各地運動員的希望點燃了。

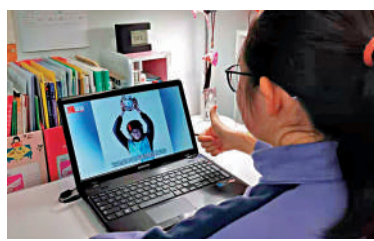
2022年2月4日，春，一座古城，一個新都，一個冬夜，一次盛典，24屆冬季奧運會在「鳥巢」開幕了。十四年的等待終於圓夢，世界各地的運動員紛紛前來，他們刻苦訓練為的就是這一天。運動員的職業生涯很短，可職業生涯愈短，他們對比賽的真誠就愈熾熱，即使日復日的高強度訓練在運動員身上留下長久的痛楚，他們也無怨無悔。賽場運動員的付出是無價的。

冬奧會開幕式現場，沒有大牌明星，沒有專業歌手，只有運動員，還有普普通通的大爺大媽、青年學生和天真可愛的孩子。此情此景，讓世人看到了活力、希望和未來。北京冬奧會主題口號是

「一起向未來」。簡單五個字，力量無窮，這種力量號召全世界不同膚色、不同種族、不同信仰的人，在奧林匹克旗幟的引領下，共築夢冰雪，一起向未來。

2022年的初四開啟了所有人期待了十四年的冬奧會。奧運會的聖火再次傳遞了下去，當奧林匹克文化與中華春節文化相遇，注定了這場冰雪盛宴精彩絕倫。2008年到2022年，同一個世界，同一個夢想，從夏奧到冬奧會，北京歡迎你！

只有七度的北京寒冷無比。賽場上的冰雪是寒冷的，但運動員真誠的心是熾熱的。接下來我們就盡情享受這次冬奧會吧！



▲陳雨知同學看到祖國健兒為國爭光，同感驕傲。

年級: 七年級  
學校: 培僑書院

姓名: 陳雨知

## 一場視覺盛宴

2022年2月4日，中國的立春時節，迎來了萬眾矚目的北京冬奧會開幕式！

隨着畫面唯美詩意，設計新穎獨特，富有中國特色的24節氣倒計時，和伴隨着觀眾們激動的吶喊聲：「5！4！3！2！1！」終於，北京冬奧會開幕了！

「砰砰砰」璀璨奪目的禮花升空，綻放的禮花組成了黃山迎客松的形狀，歡迎着各國的運動員及官員來到北京參與冬奧會。

到了升國旗，奏唱國歌的環節，我也跟着現場的觀眾肅立，並高唱國歌，看着五星紅旗冉冉升起，在旗杆頂端高高飄揚，我激動的熱淚盈眶。

隨後的一幕幕表演一氣呵成，畫面美不勝收，設計巧妙，我們全程驚嘆，目不暇給。從黃河之水天上来，到由所有參賽國家（地區）小雪花名牌組成的大雪花——燕山雪花大如席，從奧運五環破冰而出到中國隊運動員伴隨着《歌唱祖國》入場，從穿虎頭鞋的兒童用希臘語合唱《奧林匹克頌》，到萬千雪花在手舉和平鴿的孩子們腳下綻放……一輪又一輪的視覺盛宴，讓我讚嘆不已，也讓我感到無比地驕傲與自豪！

令我印象深刻的還有《閃亮的雪花》這個表演，在燈光下，小朋友們手持發着光的「和平

鴿」，腳踩着「小雪花」奔跑着，從四面八方匯聚到舞台的中央組成心形。這時，一隻小白鴿迷失了方向，迷了路，而另一隻大白鴿跑回來牽起她，一起回歸了隊伍。這一幕讓我感覺到無比溫馨，希望天下所有掉隊的「小鴿子」都能找到回家的路。

開幕式結束了，而我還意猶未盡，完全沒有看夠。隨後又上網看了很多回放片段，了解到很多開幕式背後的故事。比如用希臘語合唱《奧林匹克頌》的兒童們，原來是來自河北省保定市阜平山區的普通孩子們；比如主火炬就是最後一棒接力火炬，這個點火方式體現了低碳環保的理念；比如各個國家的代表團按照漢字筆畫順序入場等等。

接下來精彩的比賽就要正式開始了，希望我國運動健兒超常發揮，奪得佳績，為國爭光！加油！



◀開幕式上，小朋友們手持「和平鴿」，腳踩着「小雪花」奔跑，令人印象深刻。

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年級: 11  
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## Our Shared Olympics, Our Shared Future

After "One World, One Dream", Beijing has welcomed a new motto, "Together for a shared future", for this year's Winter Olympics. On 4th February 2022, the cheers for the Winter Olympics emerged after the breaking of a huge ice block in the National Stadium, representing the 24th Winter Olympics has officially started. I am so proud to see Beijing became the first city in the world that has hosted both the Summer and Winter Olympic Games. The national anthem is sung and the national flag is raised once again in the Bird's Nest after 14 years.

"Together for a shared future" is the main message China wants to bring out through the Winter Olympics. In the opening ceremony, director Zhang Yimou deliberately chose children from every corner in China to perform. Their participation has an underlying meaning, as youngsters are the future pillars of China. Other than that, he also made an unprecedented decision, which is not to ask celebrities to perform in the ceremony but to invite people from all walks of life. He wanted to prove that everyone can have a chance to appear on a grandeur stage, in order to fight against discrimination and to promote equality. This may also represent the theme "together",

that everyone can work together, hand in hand, to fight for the future. As we are all humans, every individual has their own value. We should never discriminate against anyone in daily life.

Another key message for the Beijing Winter Olympic Games is sustainability. China has made a great contribution to hosting a green, inclusive, open, and clean Olympic Games. The venues are powered by renewable energy, including solar power and wind power. The National Stadium, the National Aquatics Centre, and the National Indoor Stadium, just to name a few, are also previous competition venues that reused this time. What is more, the snow on the hilly slopes in Zhangjiakou is also environmentally-friendly. Apart from the traditional snow-making method, China has also designed a circulation system to reuse water to produce snow for the sites. All these measures have shown China's contributions to tackle one of the greatest issues in the world at this moment - global warming. Without a single doubt, these actions have reminded me that we



▲看到祖國首都北京成為唯一一個冬夏「雙奧」之城，Calvex Wong同學無比自豪。

should also put the brakes on carbon emissions by changing our habits in daily life, we should also make contributions to save our planet earth.

Apart from the design and meaning behind organizing the Winter Olympics, another crucial highlight of the games is the sports spirit. Stepping out of my comfort zone and making breakthroughs has always been my dream. In the Beijing Winter Olympics, it is unquestionably not difficult to see athletes from different countries,

with different skin colors, fight for their dreams. Not everyone may get a medal, but once you get out of your own comfort zone, it is already a huge success. Eileen Gu, a Chinese athlete winning a gold medal in the women's freeski big air final. Though she made a mistake in her second jump, she did not give up. Despite difficulties, she still chose to compete positively. At her third jump, she decided to break through her fear and tried one of the most challenging actions. She succeeded. The number "1" appeared next to her name again. This is not only

her victory but also a victory for the Chinese team. There are also many other vivid examples you can easily discover in the Games, including Japanese figure skater Yuzuru Hanyu trying the 4A jump and Audrey King from Hong Kong facing competition after recovery from Covid-19. There are various stories behind each and every competitor. Their stories have inspired me a lot. Being the future pillar of society, we should also learn from them, try our best to perform well on every task, and do not give up.

This is the Winter Olympics, a game full of surprises, sweats, and innovations. Behind the scenes, stories of the athletes are always inspiring. We can see how different athletes try their very best to make a breakthrough, to pursue their dreams, or to break world records. As a teenager, I think we should also fight for our dreams. Although the path to the destination may be full of obstacles, only if you try and not give up, can you finally arrive at the destination. Therefore, I sincerely hope that young adults can pursue their dreams and fight for their future. I also want to use this opportunity to earnestly hope that Chinese athletes and athletes from other countries enjoy the 2022 Beijing Winter Olympics. Together, we can share our future.